CAA MEETING - AUGUST 23, 2020 VIA ZOOM

Thanks to Kenny Kron and Laurin Herr for handling Zoom technology.

(11:51am)

Opening: Craig Fife, President

CAA President Craig Fife Shihan welcomed the Membership to its "first and hopefully last virtual meeting." Likening our current situation to a recent church billboard, "*The church is open, but the building is closed*," he highlighted the fact that although dojos have been closed, Aikido training has remained open.

(11:53am)

CAA Webmaster report: Michael Smith Sensei

Traffic for www.ai-ki-do.org the CAA website is 60% down, apparently affected by the pandemic. The current visits-per-month average is 600. Top page visits, after the Home page, were: Online Classes Directory (790), Events Calendar (634), Dojo Directory (539), and Spotlight (496). New Content included six Spotlight articles (Molly Hale, Alan Vann Gardner, Jane Nason, Grayson James, Rick Walsh, Joe Talley); two Surveys (*Getting back on mat*, and *Aikido?*); and two articles (*Recommendations for Dealing with COVID-19* and *Aikido?* Survey responses). Two new pages were added: (Online Classes Directory and Dojo Relief Fund).

Dojo Cho were encouraged to check the accuracy of their information in the Dojo Directory, to submit student Dan essays, to post seminars, and to encourage their students to visit and utilize the website. The CAA website is not only a valuable center of resources, it enhances our sense of community, and serves as the face of our organization to the world.

There are two CAA Facebook pages. One is used by the CAA executive staff to communicate information to the membership. On the other, CAA members exchange information of interest to the membership.

(11:59)

Bookkeeper Report: Carla Garrett

CAA Bookkeeper Carla Garrett reported that 123 people had registered/paid to come to our meeting today. She gave an accounting of CAA funds, noting that the majority are on hold for Aikikai pending rank fees.

(12:00pm).

Rank Processing: Adrianne Wonnacott Sensei

22 applications sent to Aikikai in march – they've not been able to return yet - - no apsplications sent for june. We will send batch for september Aikikai has changed requirements for kagami biraki requirements. If you are having any problems with rank processing, contact Adrianne by email. Request that everyone put name and dojo/location in chat for the meeting attendance.

12:02pm

Discussion of the status of the CAA Dojo Relief Fund: Michael Friedl Sensei

3 generous donations made. We gave out 3 donations of \$350 (to dojos outside of US). Remaining balance \$800. Contributions can still be made (not tax-deductible). Requests (simple process to apply) can still be made. Donations not tax-deductible.

(12:08pm)

COVID 19 update: How are dojo's/people doing? Dojo closings, inspirational stories, creative ideas. Short discussion lead by Pat Hendricks Sensei.

PHS has heard very inspiring stories, a lot of kindness and love, and thought inspiring things happening. It's important for us to stick together, esp since we are doing a martial art for dealing with conflict.

Craig: interesting and ongoing struggle – our dojo has been closed like everyone else – recently started training outside in. park – in masks and distance no touch - found self rethinking how teach exp w/ kids - distilled some of our practice down to practice that might look a little. More like karate drills. Created an aikido movement routine we do every single class. Challenge: how to you teach kata dori ikkyo to kids when can't touch

Michael: Cool things – Zoom – we can travel all over and take classes w/out having to fly. Chair, shirt w/sleeves as uke, noodles between sleeves, swivel chairs. Was thinking, how do we get new students.... Someone came by and joined weapons class outside.

Demonstration of New Zoom lens that clips onto your camera. \$20 on Amazon.

Noah (Pat Sensei's Uchi Deshi). Chance to work on internal stuff like Nadeau was talking about. I help Sensei w/Kids classes on Zoom – sometimes they're messaging their friends.

(12:18pm)

Words from the Division Heads: What is Aikido and the function of the CAA in the midst of a pandemic, dojo closures, and the inability to train together as we are used to?

PHendricks. It seems to help is to stay positive about the fact that we're gonna keep on going – some people have to move out of studio, others ask landlord for rent break, just the form changing, and we're a close community and we'll keep going. There are lots of options in the futiure. On those days when you're having a tough day, try to remember the good things that are happening and will happen.

MF – I know we'll be back training again – for now outdoors Reminder of US occupying Japan and no aikido allowed, somehow it survived

Some countries are back to touching each other again

There's definitely hope, especially when there are better treatments

Keep digging deeper. I have hard days too, but I make it back. We're oall in the same boat. Nadeau reminds folks that osensei during war moved to a nothing hut in iwama – at best he had a couple of lazy kids in the morning.... During that time, he made some great discoveries on his own. Because he himself had continued to developed self – big discoveries within that translated out there. His development was apparently "WOW".... Has seen students have to move away, go out of dojo for a couple yrs, comie back not having trained, they were like equal and often better than before....their presence & ability to do their moveshe wishes he'd asked "what have you been doing?" the heart of o'sensei's message – a lot more inner work can be done. OSensei Prewar vs Postwar Gratitude to division heads and leadership of CAA at this time

Announcement of **New Members**: Division Heads

Div 2- Fernando Gomez Michi Dojo San Paulo Brazil (applause from CAA membership). Comments from FG: gratitude & appreciation Introduced to community & Friedl by Linda Holiday Div 1:PH loving sendoff to Louis Jumonville & wife Beth heading out for 6 mos or so on adventure and perhaps new dojo. LJ: Came to CA in 1985 and started Aikido w/Pat & Nadeau.

(12:30pm)

General **Membership Announcements** none

(12:31pm)

Announcement of the next meeting: February 28, 2021 @ Aikido of San Jose: Craig Fife

(12:33pm)

Meeting adjourned: Craig Fife

Meeting Attendance

Adrianne Wonnacott, Aikido West
Robert Nadeau, City Aikido, Aikido of Mountain View
Frank Bloksberg, Aikido'Ka
Paul Thomas, Aikido West
Michael Smith, One Point Center
Owen Lawyer Ukiah Aikido
Cal Koshiyama, Aikido North
Sally Jones - Truckee Aikido
Frank Roberto, Denver Aikikai

Joe Talley Aikido Northwest

Jerome Buenviaje, Takemusu Aikido New Mexico

Jordan Kramer, Aikido of San Leandro

Bianca Nunes, Michi Dojo Brazil

Penny Sablove, Heart of San Francisco Aikido

Ross Madden, City Aikido SF

Akemi Maniwa, Aikido of San Leandro

Tanya Berardini - Aikido West

Keith Fink, North Texas Aikido

John Wiley - Traditional Aikido of Colo Springs

Michael McVey, Yellow Springs Aikido

Mary Celine Brigham, Aikido Ka

Chip Forman, City Aikido

Ben Blazke, Aikido West

Suzanne J Nicks Aikido Northwest

Mark Kruger, Aikido of Eugene

Mark Zwagerman, Aikido of Santa Cruz

Patricia Hendricks - Aikido of San Leandro

Preston Fink, North Texas Aikido

Jeramy and Molly Hale Aikido ka

Michele Simone, Aikido Central Coast

Jem Sebastian-Wortman, Hikari Dojo

Linda Reed -- Aikido Mountain West

Melanie Buenviaje, Takemusu Aikido New Mexico

Yvonne Thelwell,, Aikido of Arlington

William Gray Aikido Academy Redmond WA

Paden Fink, North Texas Aikido

Elizabeth Hartman - Traditional Aikido of Colo Spgs

Mitch Johnson - Aikido of Monterey

Noah Levine - Aikido of San Leandro

Yoshika Ramanujam, Aikido of Mountain View

Fernando Sanchez, Michi Dojo Brazil

Ligia Sanchez, Michi Dojo Brazil

Artur Sanchez, Michi Dojo Brazil

Two Rivers Aikido

Lance Giroux -Aikido of Konocti

mark Vestrich, A West

Danielle Smith, One Point Center

Dusty Niles- Aikido Petaluma

Jerry Castillo, City Aikido

Michael Friedl Aikido of Ashland

Shawn Ellingson, Aikido Mountain West.

Rene Picolo Michi Dojo Brazil

Frank King Aikido Mountain West

Erin Neuner-North Texas Aikido

Linda Holiday, Aikido of Santa Cruz

Phil Wiener, Aikido Mushin

Vanessa e Gustavo Médici Michi Dojo Brazil

Bob Leichner - Aikido West / Aikido of Mountain View

Robert Cook, Aikido Club of Ogden

Penny Sablove, Heart of San Francisco Aikido

Michael Hoch, City Aikido

Laurin Herr @ City Aikido of SF Tony Clinton, Aikido Northwest

jack Wada aikido of San Jose

Silvia Munhoz Michi Dojo Brazil

Roy Johnston - City Aikido

Craig Fife : Aikido Northwest

Jay Snortland, Aikido West

Louis Jumonville Hikari Dojo

david gay & kevin gay, aikido of caerphilly

Floriano Nunes Costa - Brazil - Michi Dojo

Frank Doran, Aikido West

Ursula Doran, Aikido West

Paul Filbert, Aikido West

Nina Atkins North Texas Aikido

Fábio - Michi Dojô - Brazil

Jarek Adamuszewski - Canada - Royal City Aikido

Mary Tesoro. Aikido of San Luis Obispo

Alex Gologorsky aikido west

Elaine Yoder, City Aikido, Two Rock Aikido

Andrew Sloley, Kulshan Aikikai (Bellingham, WA) - just visiting.

Kayla Feder Aikido of Berkeley